

# Benna Douglas

S.A.G.

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Hair Blonde  
Eyes Brown Green

Height 5'10"  
Weight 120

## Off-Off Broadway

*Tammy*

Tammy

Heather Arnson

*Return of the Wayward Son*

Brianna

NYC Fringe Fest

## Improv

Eight is Never Enough

Company

Improv Comedy Club  
The Laugh Factory

## G.S.A. Conservatoire (formerly Guildford School of Acting)

*The Snow Queen*

The Snow Queen

Struan Leslie

*Balm In Guilead*

Terry

Michael Crompton

*Nicholas Nickleby*

Young Fiancée

John Gardyne

*The Seagull*

Arkadina

Peter Thomson

*All's Well That Ends Well*

Countess

Peter Barlow

## U.K. Theatre

*Anton In Show Business*

Holly

Yvonne Arnaude Theatre

*Survivors*

Ragni

The Bellairs Playhouse

## Regional Theatre L.A.

*Medea*

Medea

Adrian Hall

*Frenzy For Two*

She

Perviz Sawoski

*A Few Good Men*

Joanne

Janni Thompson

*Suburbia*

Erica

Jack Phillips

## Film

*In One Ear*

Carla

M. Pink Cristofalo

*Silent Persona*

Sarah

Columbia Thesis Project

## Training

T. Schreiber Studio Advanced Scene Study T. Schreiber

G.S.A. Conservatoire 2002-2005 B.A. Acting

University of Surrey 2002-2005 B.A. Theatre

Santa Monica College: Performing Arts

The Edge Dance Studio: All Styles

## Special Skills

**Dialects:** R.P., Heightened R.P., South London, Cockney, New York (variations), Mid-West, Southern (variations), fluent I.P.A. other dialects upon request

**Singing:** Mezzo with a strong low belt

**Dance:** proficient to good jazz, ballet, modern, social dance all styles, historical dance, double work

**Movement:** mime, neutral mask, clown (all Le' Coque), acrobatics, comedia del Arte

**Other:** cheerleading, soccer, basketball, firearms training (renewable hunting license), broad sword, staff, rapier and dagger, fencing, BDAC level 2 certified silver, basic tai chi, yoga (bikram, vinyasa)